

PRAYER SCHEDULE

This prayer sheet lists for you the prayers that the children should be learning about by grade. Those prayers that have a star should be talked about and memorized and those without stars should be talked about so the children can understand the meaning of each. Memorization should only come after the children have an age appropriate understanding.

As the children advance in age/grade, they need to keep in their mind the prayers from the years before; for example, children in third grade should still be able to make the sign of the cross and say the Glory Be prayer that they learned in kindergarten.

- KINDERGARTEN - *Sign of the Cross & *Glory Be
- FIRST GRADE - Angel of God & *Hail Mary, *plus above*
- SECOND GRADE - *Our Father & *Act of Contrition, *plus all above*
- THIRD GRADE - *Apostles Creed, *Seven Sacraments & Meal Prayers, *plus all above*
- FOURTH GRADE - Acts of Faith, Hope & Love and The Ten Commandments, *plus all above*
- FIFTH GRADE - Morning Offering & Holy Days of Obligation, *plus all above*
- SIXTH GRADE - Beatitudes, *plus all above*
- SEVENTH GRADE - Corporal & Spiritual Works of Mercy, *plus all above*
- EIGHTH GRADE - Memorare & Hail, Holy Queen, *plus all above*

PRAYERS

SIGN OF THE CROSS

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

GLORY BE

Glory be to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and ever shall be, world without end. Amen.

ANGEL OF GOD

Angel of God, my guardian dear, to whom God's love commits me here. Ever this day be at my side, to light to guard, to rule, and to guide. Amen.

HAIL MARY

Hail Mary, full of grace, the Lord is with you! Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

OUR FATHER

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

ACT OF CONTRITION

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

SEVEN SACRAMENTS

Baptism
Confirmation
Eucharist
Reconciliation
Anointing of the Sick
Holy Orders
Matrimony

APOSTLES CREED

I believe in God, the Father almighty, creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; He descended into hell; on the third day he rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

GRACE BEFORE MEALS

Bless us, O Lord, and these your gifts, which we are about to receive from your goodness. Through Christ our Lord. Amen.

GRACE AFTER MEALS

We give you thanks for all your gifts, almighty God, living and reigning now and for ever. Amen.

ACT OF FAITH

O my God, I firmly believe that you are one God in three divine Persons, Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived. Amen.

ACT OF HOPE

O my God, relying on your infinite mercy and promises, I hope to obtain pardon of my sins, help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer. Amen.

ACT OF LOVE

O my God, I love you above all things, with my whole heart and soul, because you are all good and worthy of all my love. I love my neighbor as myself for the love of you. I forgive all who have injured me and I ask pardon of all whom I have injured. Amen.

THE TEN COMMANDMENTS

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep holy the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

MORNING OFFERING

My God, I offer you my prayers, works, joys and sufferings of this day in union with the holy sacrifice of the Mass throughout the world. I offer them for all the intentions of your Son's Sacred Heart, for the salvation of souls, reparation for sin, and the reunion of Christians. Amen.

HOLY DAYS OF OBLIGATION

All Saint's Day—November 1st
Immaculate Conception—December 8th
Nativity of Our Lord Jesus Christ—December 25th
Mary, Mother of God—January 1st
Ascension Thursday—40 days after Easter
Assumption of the Blessed Virgin Mary—August 15th

BEATITUDES

Blessed are the poor in spirit,
for theirs is the kingdom of heaven.
Blessed are they who mourn,
for they will be comforted.
Blessed are the meek,
for they will inherit the land.
Blessed are they who hunger and thirst for
righteousness, for they will be satisfied.
Blessed are the merciful,
for they will be shown mercy.
Blessed are the clean of heart,
for they will see God.
Blessed are the peacemakers,
for they will be called children of God.
Blessed are they who are persecuted
for the sake of righteousness,
for theirs is the kingdom of heaven.

CORPORAL WORKS OF MERCY

The Corporal Works of Mercy are kind acts by which we help our neighbors with their material and physical needs:

- † feed the hungry
- † shelter the homeless
- † clothe the naked
- † visit the sick and imprisoned
- † bury the dead
- † give alms to the poor

SPIRITUAL WORKS OF MERCY

The Spiritual Works of Mercy are acts of compassion by which we help our neighbors with their emotional and spiritual needs:

- † instruct
- † advise
- † console
- † comfort
- † forgive
- † bear wrongs patiently

MEMORARE

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession was left unaided. Inspired by this confidence, I fly unto you, O Virgin of Virgins, my Mother. To you I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.

HAIL, HOLY QUEEN

Hail, holy Queen, Mother of mercy, hail, our life, our sweetness, and our hope. To you we cry, the children of Eve; to you we send up our sighs, mourning and weeping in this land of exile. Turn, then, most gracious advocate, your eyes of mercy toward us; lead us home at last and show us the blessed fruit of your womb, Jesus: O clement, O loving, O sweet Virgin Mary.